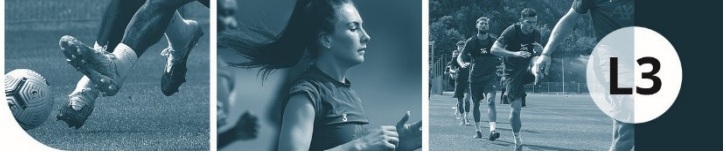
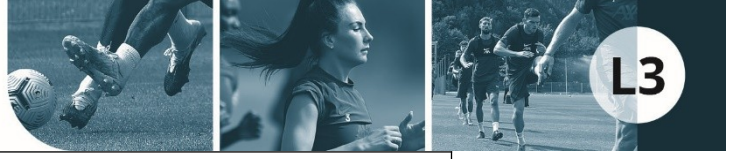


BTEC Assignment Brief

Qualification	Pearson BTEC International Level 3 Qualifications in Sport
Unit number and title	**Unit 17: Inclusive Coaching**
Learning aim	C: Prepare sport sessions for inclusive coaching
Assignment title	Preparing an inclusive coaching session
Assessor	
Issue date	
Hand in deadline	

Vocational Scenario or Context	The Head Coach of your sports club has asked you to do some work with an inclusive group at the club. The normal coach cannot make the session and they have asked you to step-in and cover the session. As the session is for an inclusive group, the Head Coach would like to see your planning before the session takes place. This will involve creating a session plan and justification.

Task 1	You should consider which inclusive group you would like to work with at the club and review their individual and group needs. Once you have selected your target group, create the following information to give to the Head Coach of your sports club; • A session plan that identifies: o the aim of the session o SMART targets o activities (including differentiation) o resource/equipment requirements o a leadership style and coaching methods to engage the participants. • A report that: o justifies the activities you have planned and discusses why they are suitable for the chosen target group o Evaluates the adaptations needed for the specific target group in your chosen activities. o Justifies your chosen style of coaching and discusses the advantages and disadvantages of that style for the group. You should consider organisational, personal and delivery factors. This section should also link to the participants level of performance. o Evaluates the overall planning of the inclusive sports session by summarising the appropriateness of your planning compared



	to alternatives.
Criteria covered by this task:	
Unit/Criteria reference	To achieve the criteria, you must show that you are able to:
C.P4	Plan an inclusive sport session for a specific target group
C.P5	Explain the choice of leadership style for the delivery of an inclusive sports session
C.M3	Justify the plan for an inclusive sport session
C.M4	Justify the application of a specific coaching style for a chosen target group
C.D2	Evaluate the planning of an inclusive sports session and give the advantages and disadvantages of the chosen coaching style to meet the needs of a target group at their level of performance
Checklist of evidence required	Session plan Report
Other assessment materials attached to this brief	